

Course Code:	COUN-1038
Short Title:	Indigenous Family Systems
Long Title:	A Systemic Approach To Celebrating Indigenous Families
Prerequisites:	N/A
Co-requisites:	
School:	Health, Community, & Social Justice
Division/Academy/Centre:	Centre for Counselling & Community Safety
Previous Code & Title:	N/A
Course First Offered:	July 2019

Credits:	1.5
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Course Description

This course will assist the learner to develop a clinical systemic approach which will encompass traditional Indigenous knowledge on family attachment, relationships and family systems in order to facilitate working with Indigenous families and family members. Mainstream approaches that are respectful of Indigenous knowledge and appropriate and effective with Indigenous families will also be taught. The learner will begin to develop a clinical systemic approach that assists family members to celebrate their resilient relationships, enhance their attachment within the family, and enrich their ways of relating. Emphasis will be placed on relating styles that provide strength and support of family members as they experience the ongoing impacts of colonization while building on Indigenous knowledge.

Course Goals

The goal of this course is to view Indigenous families through the traditional systemic lens with its foundational focus on attachment and relationships.

Learning Outcomes

Upon successful completion of this course, the learner will be able to:

1. Identify the Indigenous worldview and its focus on spirituality and relationships
2. Describe the impact of historical Indigenous trauma on the families
3. Discuss the role of trauma and epigenetics in intergenerational transmission
4. Identify resistance and renewal approaches within the Indigenous family system
5. Describe culturally appropriate tools that assist families to celebrate and enhance their relationships and functions
6. Apply learning to their practice with Indigenous families

Course Topics/Content

- Family systems approach
- Indigenous worldview
- Epigenetics and Blood Memory

- Historical Indigenous Trauma and Intergenerational Transmission
- Grief and Loss and Indigenous Family Impacts
- Traditional Family System
- Interrupted Family System
- Resistance and Renewal Family System
- Attachment and Renewal

Text & Resource Materials

All materials will be provided in class.

Equivalent JIBC Course

Instructional Method(s) <i>(select all that apply)</i>	Hours
<input checked="" type="checkbox"/> Direct Instruction (lecture, seminar, role plays, independent study, etc.)	21
<input type="checkbox"/> Supervised Practice (includes simulations & labs)	
<input type="checkbox"/> Practice Education, Field Placement, Internship or Co-op	
Total	21

Course Evaluation

The evaluation criteria used for this course are represented below. Specific course evaluation information will be provided by the instructor at the start of the course.

Criterion	% of Final Grade <small>(may be represented as a range)</small>
Course work (activities, assignments, essays, reports, etc.)	50%
Quizzes and exams	
Simulations/Labs	
Attendance/Participation (in class or online)	50%
Practice Education/Internships	
Total	100%

Comments on Evaluation

Course Grading Scheme*

- JIBC1 (A to F)
 JIBC2 (MAS/NMA)
 JIBC3(CM/IN)
 JIBC4 (P/F)

(* <http://www.jibc.ca/policy/3304> Grading policy)

Other Course Guidelines, Procedures and Comments

View official versions of related JIBC academic regulations and student policies in the JIBC Calendar on the following pages of the JIBC website:

Academic Regulations:

<http://www.jibc.ca/programs-courses/jibc-calendar/academic-regulations>

Student Academic Integrity Policy
Academic Progression Policy
Admissions Policy
Academic Appeals Policy
Evaluation Policy
Grading Policy

Student Policies:

<http://www.jibc.ca/about-jibc/governance/policies>

Access Policy
Harassment Policy – Students
Student Records Policy
Student Code of Conduct Policy

JIBC Core Competencies

The JIBC promotes the development of core and specialized competencies in its programs. Graduates of our programs will demonstrate high levels of competence in the following areas:

- Critical thinking:** Identify and examine issues and ideas; analyze and evaluate options in a variety of fields with differing assumptions, contents and methods.
- Communication, Oral and written:** Demonstrate effective communication skills by selecting the appropriate style, language and form of communication suitable for different audiences and mediums.
- Leadership:** Inspire individuals and teams to reach their potential by embracing innovation through strategic thinking and shared responsibility.
- Independent learning:** Show initiative by acting independently in choosing effective, efficient and appropriate applied learning, research and problem solving strategies.
- Globally minded:** Self-aware of own identity and culture, recognize the interconnectedness of world events and issues; interact respectfully and authentically across cultures; value multiple perspectives; utilize curiosity to learn with and from others.
- Problem solving:** State problems clearly; effectively and efficiently evaluate alternative solutions; choose solutions that maximize positive and minimize negative outcomes.
- Interpersonal relations:** Know and manage ourselves; recognize and acknowledge the needs and emotions of others including those with diverse cultures, backgrounds and capabilities.
- Inter-professional teamwork:** Understand and work productively within and between groups, respect others' perspectives and provide constructive feedback with special attention to inter-professional relationships.
- Information literacy:** Recognize and analyze the extent and nature of an information need; efficiently locate and retrieve information; evaluate it and its sources critically, and use information effectively and ethically.