

Course Code:	COUN-3145
Short Title:	Play Therapy 2
Long Title:	Play Therapy 2: The Therapeutic Power of Play
Prerequisites:	Play Therapy 1
Co-requisites:	N/A
School:	School of Health, Community & Social Justice
Division/Academy/Centre:	Centre for Counselling & Community Safety
Previous Code & Title:	N/A
Course First Offered:	October 2019

Credits:	1.0
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Course Description

This course builds on Play Therapy 1. Learners will gain an understanding of how to effectively recommend play therapy to caregivers, how to conduct play therapy sessions, and how to recognize themes in play therapy. Through five teaching modalities; didactic material, video demonstrations, live demonstrations, case studies, and experiential role-plays; the learner will experience how to adapt play therapy for young children and adolescents, and how to overcome resistance and manage aggression in the playroom.

This course is for mental health therapists, psychologists, clinical social workers, family therapists, school counsellors, and child care workers working with children between 3-17 years old.

Course Goals

The course goal is to have learners be able to conduct child-centered play therapy sessions with children and youth as well as engage parents in the child's therapeutic process.

Learning Outcomes

Upon successful completion of this course, the learner will be able to:

1. Demonstrate how to recommend play therapy to parents
2. Conduct a child-centred play therapy session with a child or youth
3. Describe how to engage parents in the child's therapeutic process
4. Recognize the meaning of child play
5. Identify adaptations for young children and adolescents

Course Topics/Content

- Theoretical principles of child-centered play therapy
- Overview, goals, indications and contraindications
- Recommending play therapy to parents and overcoming resistance
- Play therapy process, stages and child-centered play therapy skills

- Understanding themes in children’s play
- Special topics include aggression toys, playroom aggression, and play therapy for adolescents
- Cultural issues in play therapy

Text & Resource Materials

All materials will be supplied in class.

Equivalent JIBC Courses

Instructional Method(s) <i>(select all that apply)</i>	Hours
<input checked="" type="checkbox"/> Direct Instruction (lecture, seminar, role plays, independent study, etc.)	7
<input checked="" type="checkbox"/> Supervised Practice (includes simulations & labs)	7
<input type="checkbox"/> Practice Education, Field Placement, Internship or Co-op	
Total	14

Course Evaluation

The evaluation criteria used for this course are represented below. Specific course evaluation information will be provided by the instructor at the start of the course.

Criterion	% of Final Grade <i>(may be represented as a range)</i>
Course work (activities, assignments, essays, reports, etc.)	50%
Quizzes and exams	
Simulations/Labs	
Attendance/Participation (in class or online)	50%
Practice Education/Internships	
Total	100%

Comments on Evaluation

Course Grading Scheme*

JIBC1 (A to F)
 JIBC2 (MAS/NMA)
 JIBC3(CM/IN)
 JIBC4 (P/F)

(* <http://www.jibc.ca/policy/3304> Grading policy)

Other Course Guidelines, Procedures and Comments

View official versions of related JIBC academic regulations and student policies in the JIBC Calendar on the following pages of the JIBC website:

Academic Regulations:

<http://www.jibc.ca/programs-courses/jibc-calendar/academic-regulations>

Student Academic Integrity Policy
Academic Progression Policy
Admissions Policy
Academic Appeals Policy
Evaluation Policy
Grading Policy

Student Policies:

<http://www.jibc.ca/about-jibc/governance/policies>

Access Policy
Harassment Policy – Students
Student Records Policy
Student Code of Conduct Policy

JIBC Core Competencies

The JIBC promotes the development of core and specialized competencies in its programs. Graduates of our programs will demonstrate high levels of competence in the following areas:

- Critical thinking:** Identify and examine issues and ideas; analyze and evaluate options in a variety of fields with differing assumptions, contents and methods.
- Communication, Oral and written:** Demonstrate effective communication skills by selecting the appropriate style, language and form of communication suitable for different audiences and mediums.
- Leadership:** Inspire individuals and teams to reach their potential by embracing innovation through strategic thinking and shared responsibility.
- Independent learning:** Show initiative by acting independently in choosing effective, efficient and appropriate applied learning, research and problem solving strategies.
- Globally minded:** Self-aware of own identity and culture, recognize the interconnectedness of world events and issues; interact respectfully and authentically across cultures; value multiple perspectives; utilize curiosity to learn with and from others.
- Problem solving:** State problems clearly; effectively and efficiently evaluate alternative solutions; choose solutions that maximize positive and minimize negative outcomes.
- Interpersonal relations:** Know and manage ourselves; recognize and acknowledge the needs and emotions of others including those with diverse cultures, backgrounds and capabilities.
- Inter-professional teamwork:** Understand and work productively within and between groups, respect others' perspectives and provide constructive feedback with special attention to inter-professional relationships.
- Information literacy:** Recognize and analyze the extent and nature of an information need; efficiently locate and retrieve information; evaluate it and its sources critically, and use information effectively and ethically.

(INTERNAL USE ONLY – not for distribution to students)

Primary Registration Mode (Credit Type)

- Program Management (RG) – program based registration through website
- Contract or Core Client (CC) – student registrations submitted in groupings to registration office
- Instant Enrolment (CS) – anytime web based course enrollment

CIP Code: 51.1599 **(Confirmed by IR)**

Course Level

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|--|---------------------------------|----------------------------------|
| Undergraduate Course | Graduate Course | Continuing Studies Course |
| <input type="checkbox"/> Year 1 <input checked="" type="checkbox"/> Year 3 | <input type="checkbox"/> Year 1 | <input type="checkbox"/> |
| <input type="checkbox"/> Year 2 <input type="checkbox"/> Year 4 | <input type="checkbox"/> Year 2 | |

Approvals Tracking

SCC Chair:	Name:	Date:
School Dean:	Name:	Date:
Program Council Chair: (where required)	Name:	Date:
Entered into SIS by:	Name:	Date:

Approvals Forwarded To:

- School Registrar’s Office Institutional Research Program Council

Credit Calculation

Instructional method	Hours/Wk		Credit hour factor	Total factored hours		#wks/14 weeks		Factored instructional hours	Total academic credit as per the band*
Direct Instruction	14	X	1	=	X	/14	=		
Supervised practice		X	.5	=	X	/14	=		
Practice Education, Field Placement, Internship or Co-op		x	.33	=	X	/14	=		
Credits->									1

*Refer to http://www.jibc.ca/sites/default/files/governance/policies/pdf/Procedure_Credit-Value.pdf